

Curriculum Vitae  
Jan Schuster, MA, CNMT

**Goal:**

To provide professional therapeutic massage for all aspects involved with injury rehabilitation and prevention, including pre/post surgical components.

**Massage Employment History:**

*Private practice, Denver, CO* 2000-present  
Includes work-comp and auto insurance cases, Chiropractor and MD referrals.

*Ashbaugh Center for Therapy, Denver, CO* 2001-present  
Independent Contractor working closely with staff in clinical assessment, planning, and treatment of patients.

*Spa on the Boulevard, Denver, CO* 04-06/2001  
Therapeutic and spa massage.

*Indian Springs Resort, Idaho Springs, CO* 08/2000-03/2001  
Therapeutic and spa massage.

*Wild Oats, Denver, CO* 07-10/2001  
Seated chair massage.

*Swedish Medical Center* 01-07/2000  
Intern in hospital Wellness Center for patients and staff.

**Career change**

*A 1993 auto accident left long-standing injuries resulting in a career change in 1999. Why massage?  
The inspiration of an excellent and very caring massage therapist during the course of rehab ...*

**Life before massage:**

*Colorado Endowment for the Humanities, Denver, CO* 08-1998/05-1999  
Public Relations Director, fundraising, grant writing

*Havey Productions, Denver, CO* 1997-1998  
Marketing Manager, included research, grant writing and production assistant for *Colfax Avenue* documentary.

<i>Intelligent Electronics Inc., Englewood, CO</i>	1994-1997
Manager special projects and events, included production of quarterly video-magazine and annual conferences.	
<i>Arthritis Foundation, Rocky Mountain Chapter, Denver, CO</i>	1991-1994
Development Specialist and Special Events Coordinator, included television production and volunteer staff management.	
<i>Francis of Assisi Foundation, Denver, CO</i>	1989-1991
Director of Development, included \$3.2million dollar campaign for Assisted Living facility.	
<i>NutriSystems, Denver, CO</i>	1987-1989
Instructor and counselor.	
<i>Wheaton Franciscan Services, Inc., Wheaton, IL</i>	1983-1986
Human and Community Development Coordinator, included training and development.	
<i>Cox Cable Television, Maywood, IL.</i>	1981-1983
Producer, included working with under-privileged kids for kids news show.	
<i>Loyola University, Chicago, IL.</i>	1981-1983
Instructor.	
<i>Niles Community College/ College of DuPage, IL.</i>	1983-1984
Instructor.	
<i>WBBM-TV and Loyola Television, Chicago, IL</i>	1980-1982
Associate producer	

**Education**

<i>CNMT - Colorado School of Healing Arts, Lakewood, CO</i>	1999-2000
Graduated with CMT and certifications in Neuromuscular and Sports Therapy Massage.	
<i>MA Communications – Loyola University, Chicago IL</i>	1980-1983
<i>BA Speech Communications - Marquette University, Milwaukee, WI</i>	1975-1979

**Additional training/classes**

Primal Reflex Release Technique	current
Lymphatic Drainage Therapy, Level I	08-2004

Plan to continue training in this modality